



FANY PÉCHIODAT AND VINCENT MOUSTACHE

# Soul of Barcelona

A GUIDE TO 30 EXCEPTIONAL EXPERIENCES





#01



## A TINY ESTABLISHMENT FOR TAPAS

Tiny, noisy, frenetic ... this pocket-sized bodega is an institution renowned throughout Spain.

You won't find any tables here – it's standing room only. Let yourself be tempted by a glass of the house vermouth as the tapas appear and disappear at full throttle. Red bell peppers, foie gras, camembert with honey, grilled artichoke, cod, sweet and savoury pintxo ... Quim's tapas are inspired creations – he nails it every time, and his daring recipes soon pop up all across the country. Some Barcelonians even call Quimet y Quimet the 'elBulli of tapas'.

Definitely don't skip the salmon with yogurt and honey truffles paired (de rigeur) with a glass of pink cava, a fresh and bubbly rosé that will banish all thoughts of prosecco from your mind.



**QUIMET & QUIMET**  
CARRER DEL POETA CABANYES, 25  
08004 BARCELONA



MON-FRI: noon / 4pm - 6pm / 10:30pm  
SAT-SUN: Closed



> **EL MIRADOR DE CAN CASES**

FOR FIRST-RATE *CALÇOTS*

*Calçots* are truly an insider's treat. Not many travelers even know they exist – not least because you can't get them everywhere. That's why we love this place on a hilltop just a few minutes drive from the city centre.

Not many tourists know about Mirador de Can Cases, so you'll find mostly locals, here to indulge in *calçots* and other grilled delicacies. Keep in mind that this type of onion is only available from January to March.

Miss this window and your belly might well be miffed – and you won't have anyone to blame for it but yourself.



**EL MIRADOR DE CAN CASES**  
**CAMÍ DE CAN CASES, 15**  
**08196 LES PLANES - BARCELONA**



WED-THU: 11am / 5pm  
 FRI: 11am / 11:30pm  
 SAT: noon / 11:30pm

SUN: noon / 6pm  
 MON-TUE: Closed



PHOTO CREDIT: FANY PÉCHIODAT

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11

## HAVE A BATH BENEATH THE CITY

While you're in Barcelona you might be tempted to indulge in some R&R. Luckily you can escape the noise of the city while staying right in the heart of it at this underground spa located in an 18th-century warehouse in the El Born neighbourhood.

In this sanctum dedicated to the pleasures of relaxation, several pools of various temperatures allow you to relax both body and mind, before or after a well-earned massage. What's more, this temple of wellbeing is open until 2am on Friday and Saturday and until midnight during the rest of the week. A getaway you should always keep in mind for after a long night of tapas.



**AIRE DE BARCELONA**  
**PASSEIG DE PICASSO, 22**  
**08003 BARCELONA**



SUN-THU: 9am / 11:30pm  
FRI-SAT: 9am / 2am

+34 932 955 743  
beaire.com



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13

## THE COOLEST CLUB IN THE WORLD

Soho House is a members' club that's opening incredible spaces, reserved for creative and artistic talents, all over the world. Here, you can work, eat, sleep, and party with members, whose creativity seems to know no bounds.

Soho House has two locations in Barcelona:

- A hotel located in an 18th-century antique-pink building at the heart of the city's Barri Gotic (Gothic Quarter). Good news: the hotel and Cecconi restaurant are open to non-members (by reservation), so you can try their classic pasta alle vongole (with clams) and schmooze.



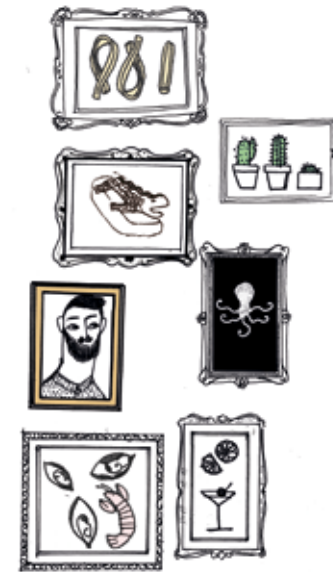
**SOHO HOUSE**  
PLAÇA DEL DUC DE MEDINACELI, 4  
08002 BARCELONA



+34 932 204 600  
sohohousebarcelona.com



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16



## BARCELONA'S TREASURE TROVE

Just a stone's throw away from Barcelona lies the small town of Sant Cugat and its flea market. Here you'll find antiques dealers, artisans, and designers who will make you want to redecorate your entire apartment with the bargains you dig up here.

After wandering amidst a thousand and one decorative treasures you can sit down at one of the many tapas bars or food trucks – which are also inspiring and inspired in their design.



**MERCANTIC**  
AV. DE RIUS I TAULET, 120  
08173 SANT CUGAT DEL VALLÈS – BARCELONA



TUE-SAT: 10am / 8pm  
SUN: 10am / 4pm  
MON: Closed

[mercantic.com](http://mercantic.com)



## **BARCELONA**

POPULATION: 5 MILLION

*NUMBER OF RESTAURANTS: 7,500*

WE TESTED 250 PLACES

**AND INCLUDED ONLY THE 30 BEST**

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